



# Haven Horse-Human-ship Program Syllabus

## Part I: Horse-Human-ship

### Section 1: Honoring Humans

#### Module 1: Emergenetics

- Topics
  - Take Your Profile and Complete Your Debrief
  - Introducing Emergenetics to Clients OR Identifying their Profile through Lessons
  - Tailoring your Communication and Lesson Structure to your Client's Profile

#### Module 2: Developing Your Mental and Emotional Skills

- Topics
  - The Role of Emotion in Sessions
  - Panksepp's Emotional Systems
  - Developing Your Skills and Building Your Toolkit
    - Grounding Tool
    - Check In Tool
    - Self and Social Awareness Tool
    - Emotional Evolution Tools
  - Holding Space for Client's Emotions in a Session
  - Helping Clients Develop their Skills
  - Creating and Maintaining a Development Plan with Clients

### Section 2: Learning Theory

- Topics
  - Threshold
    - Trigger stacking
  - What is Conditioning?
    - Classical, counter and operant conditioning
  - Operant Conditioning Quadrants
  - ABCs of Behavior
  - Friedman's Humane Hierarchy

### Section 3: Honoring Horses

#### Module 1: Honoring Horses

- Topics
  - What is the horse's environment, health and learning history?
    - Identifying your limitations
    - Working within your limitations
  - Emergenetics
    - Identifying a horse's profile
    - Tailoring your methods to a horse's profile, both for training and lessons.
  - Developing Mental and Emotional Skills for Horses
    - Equine Culture
    - Equine body language



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- Identifying emotions
  - Panksepp's Emotional Systems
- Getting a Baseline
- Co-regulation
- Problem Solving Skills
- Self-regulation

### Module 2: Science Based Training Basics

#### - Topics

- The Role of All Operant Conditioning Quadrants – it's a journey not a destination
- Training Plan
- What to use as reinforcement and delivery method
  - Click/Treat or Click THEN treat?
  - 1 click = 1 treat?
  - Reinforcement schedules
- How does it work?
  - Selecting a bridge signal
  - Conditioning your bridge signal
  - Timing
  - Means
    - Shape
      - Shaping plans
      - Thin slicing
      - Guided shaping
    - Capture
    - Target
    - Lure
    - Mold
  - Adding Cues
- Responding to Unwanted Behavior
- Learner Frustration
  - What can cause it?
  - Addressing it

### Module 3: Using Science Based Training Methods: Foundations and Husbandry Behaviors

#### - Topics

- Integrating R+ into Your Training and Lessons
  - R+ Time or All Sessions? Beta horse/clients or all horses/clients?
  - The paradigm shift
- Selecting Your Equipment
  - Clickers, targets and pouches
  - Halters and leads



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- Bridles and Saddles
- Training a Default Behavior that Supports Excellent Food Manners
- Maintaining Excellent Food Manners
- Foundational Ground Work
- Husbandry Behaviors

### Module 4: Using Science Based Training Methods: Ground Work and Games

#### - Topics

- Ground Work and Games
  - Topography of the behaviors
  - Biomechanics
  - Attitude and emotions
  - Safety considerations
  - Training/teaching behaviors in a way that will carry over to ridden work
  - Ground work and games in lessons

### Module 5: Using Science Based Training Methods: Ridden Work and Games

- Ridden Work and Games
  - Rider position and biomechanics
  - Cues
  - Topography of the behaviors
  - Biomechanics
  - Attitude and emotions
  - Safety considerations
  - Building off of the ground work and games
  - Ridden work and games in lessons

### Module 4: Addressing Behavioral Issues

#### - Topics

- Information Gathering
- Observing the Behavior
- Special topics
  - Safety
  - Differential Reinforcement
- Behavior Modification Plan
- Working with the Owner and Other Handlers

## Part II: Business Skills

### Module 1: Starting a Business

#### - Topics

- Finding Supporting Professionals
  - Vet, Trimmer, Body Workers, Feed Suppliers
- Branding
  - What is your Mission?



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- Naming your Business
- Logo
- Taglines
- Business Planning
- Business Licensing and Insurance
- Your Website, Social Media and Marketing

### Module 2: Running and Representing Your Business

#### - Topics

- Running Your Business
  - Finding Partners in Awareness
  - Interviewing Prospective Clients
  - Being Interviewed by Prospective Clients
  - Record Keeping
    - Agreements
    - Documentation
  - Asking for Testimonials and Recommendations
  - Your Continuing Education
- Representing...
  - Educating others
  - Giving constructive feedback
  - Consulting and Mentoring